

CALL US NOW! 203-777-1234



www.aidesandcompanions.com

HOME IS WHERE OUR STORY BEGINS

Change can be disruptive, even life-threatening for an elderly person. Opting to help yourself or a loved one "age at home" with Aides and Companions can be therapeutic and beneficial.

Caregiver Services

- ✓ Activities of Daily Living (ADL)
- ✓ Meal preparation
- ✓ Personal care
- ✓ Baths and showers
- ✓ Accompanied walks
- ✓ Daily phone calls
- ✓ Reading books/newspapers/mail
- ✓ Caring for a loved pet
- ✓ Letter writing
- ✓ Mailing and filing
- ✓ Home services
- ✓ Light housekeeping
- ✓ Laundry
- ✓ Household chores
- ✓ Senior helpers

Transportation Services

- ✓ Doctor appointments
- ✓ Workshop services
- ✓ Events and outings
- ✓ Shopping
- ✓ Errands
- ✓ Accompanied travel

Home care by **Aides and Companions** can be a low cost alternative to more expensive assisted living programs. We work to ensure our clients stay safe and healthy at home. We can help to identify needs before they become difficult and expensive to resolve.

Unlike most home care agencies, **Aides and Companions** caregivers are all Certified Nurses Aides or Home Health Aides. All are graduates of state-certified programs and receives monthly "in-service" training to keep their skills honed.

OUR SERVICES

Our Service Levels include:

- ✓ Live-In Care
- ✓ Overnight Care
- ✓ 24/7 Care
- ✓ Respite Care
- ✓ Daily or Weekly Visit

CONTACT INFORMATION

Aides and Companions LLC



65 Elm Street
West Haven, Connecticut 06516



Phone: 203-777-1234
Email: info@aidesandcompanions.com

